



REPLY TO
ATTENTION OF

DEPARTMENT OF THE ARMY
USA MEDICAL DEPARTMENT ACTIVITY
600 CAISSON HILL ROAD
FORT RILEY, KANSAS 66442-5037

MCXX-CSD

9 July 2003

INFORMATION PAPER

SUBJECT: IACH School and Sports Physicals

1. The Irwin Army Community Hospital school and sports physical fair will be held on Saturday July 26 and Saturday August 9 from 0745-1515 each day.

2. School Physicals

School Physicals are required for children 8 and under enrolling in a Kansas school for the first time. The physical must have been completed within the last 12 months prior to school entry or 90 days after school entry. School physicals may be obtained in one of three methods described below;

a. School physicals may be obtained by appointment from IACH during the school and sports physical fair by calling the TRICARE Service Center at (785) 784-1200.

b. School physicals may be obtained by appointment in the local healthcare network administered by TRICARE by calling the TRICARE Service Center at (785) 784-1200. The TRICARE Service Center will provide the name and location of several network providers willing to provide School physicals. **TRICARE will fully cover the cost of School physicals for TRICARE Prime beneficiaries between the ages of 5 and 11 years old.**

c. School physicals may be obtained in the local healthcare market by calling local healthcare providers, clinics, or county health departments/clinics e.g. (Konza Prairie Community Health Center (785) 238-4711). The beneficiary will be required to bear the cost of this service out of pocket (\$30) if authorization is not first obtained from the TRICARE Service Center or if the child in need is under the age of 5 or older than 11 years old.

3. Sports Physicals

Sports Physicals are required for children students participating in interscholastic activities and most community sporting activities (sports, cheerleading, drill team). The physical must be completed prior to the first day of practice but not prior to 1 May of the previous school year for middle and high school teams. Sports physicals may be obtained using one of the following two methods described below;

a. Sports physicals may be obtained by appointment from IACH during the school and sports physical fair by calling the TRICARE Service Center at (785) 784-1200.

MCXX-CSD

SUBJECT: IACH School and Sports Physicals

b. Sports physicals may be obtained by appointment in the local healthcare market by calling local healthcare providers, clinics, or county health departments/clinics e.g. (Konza Prairie Community Health Center \$15 (785) 238-4711 or Junction City Youth Clinic \$10 (785) 762-5022). The beneficiary will be required to bear the cost of this service out of pocket.

4. Child Health Assessments (Daycare Physicals)

Many licensed day care providers require a physical or health assessment prior to accepting children into established programs. Because many daycare providers are independent business, forms and specific information required for these assessments may vary depending on the daycare provider chosen. Health Assessments may be obtained in one of the following two methods described below;

a. Health Assessments may be **obtained from IACH for those children attending daycare provided by the Child Development Center (CDC) on post.** Child Health Assessments are available by appointment for these children in the Community Health Nursing section and may be scheduled by calling (785) 239-7323.

b. Health Assessments may be obtained in the local healthcare market by calling local healthcare providers, clinics, or county health departments/clinics e.g. (Konza Prairie Community Health Center (785) 238-4711). The beneficiary will be required to bear the cost of this service out of pocket (\$30).

5. Preschool Physicals

Many preschool programs designed for children under the age of 5 require school physicals prior to the child's attendance. Preschool physicals may be obtained in one of the following two methods described below;

a. Preschool Physicals may be obtained by appointment from IACH during the school and sports physical fair for those children needing standard Kansas Department of Health and Environment school physical forms by calling the TRICARE Service Center at (785) 784-1200.

b. Preschool physicals may be obtained in the local healthcare market by calling local healthcare providers, clinics, or county health departments/clinics e.g. (Konza Prairie Community Health Center (785) 238-4711). The beneficiary will be required to bear the cost of this service out of pocket (\$30).

6. College / University Health Assessments

Many Colleges and Universities require some type of health assessment prior to or just after arrival on campus at the beginning of the university career. Eligible beneficiaries may obtain a college or university health assessment using one of two methods described below:

a. College / university physicals may be obtained in the local healthcare market by calling local healthcare providers, clinics, or county health departments/clinics e.g. (Konza Prairie Community Health Center (785) 238-4711). The beneficiary will be required to bear the cost of this service out of pocket (\$30).

MCXX-CSD

SUBJECT: IACH School and Sports Physicals

b. College / university physicals may be obtained from most university health clinics following arrival on campus for a nominal fee.

7. As a large number of troops remain overseas so do a large number of the military's healthcare providers and medical assets. This continued overseas deployment of medical assets will cause us to continue to experience an overall reduction of providers within our facility as compared to prewar provider levels even when we add in our summer provider gains. This shortage has limited our ability to provide the same number of appointments for physical examinations as compared to previous years. IACH strongly urges beneficiaries in need of physical examinations for school or sporting activities to take advantage of the two, one-day fairs described above as appointments within the facility during other times will be severely limited. We thank you for your patience to this point and ask for your continued patience as we continue to work to provide for your healthcare needs

8. POC for this information is the undersigned at 239-7152 or Cindy Sallee at 239-7582

TIMOTHY N. BERGERON
CPT, MS
Chief, Clinical Support Division